

# Sunday Club at Home - St Peter's

Sunday 19<sup>th</sup> April

Hi Everyone,

I hope you had a Happy Easter, I also hope you have some Easter Eggs left.

This week we are going to look at the story of Doubting Thomas. Thomas was one of Jesus friends. When Jesus rose from the tomb everyone was happy, but a bit scared, they didn't know what was happening.

Then Thomas got the news from the other friends that they had seen Jesus. Thomas didn't believe them he said "unless I actually see him I won't believe". I feel a bit sorry for Thomas as it's hard sometimes to see Jesus when there is lots of sadness around or things are happening that we don't understand. That is why we are going to focus on HOPE.

## Story - from the Bible John 20: 19-31

This week's reading is **John 20:19-31**. The story is about Thomas who was doubting the good news about Jesus being alive.

**For younger children** - Doubting Thomas Lego

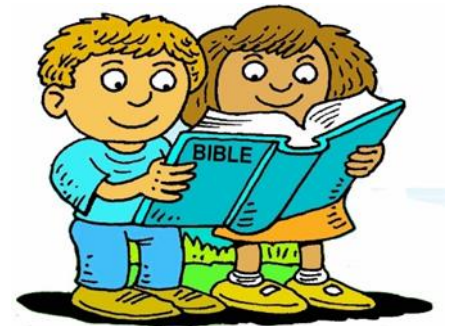
<https://www.youtube.com/watch?v=f8SbuEwgg6E>

**For older children** – a bit quirky! The Story of Doubting Thomas

<https://www.youtube.com/watch?v=vLqX5VQTCbg>

**For everyone** - Thomas The Doubting Disciple

<https://www.youtube.com/watch?v=7s3GR2J1MQk>



## Activities

Our activities remind us that Thomas was sad and doubted that Jesus was alive but when he saw him he was filled with joy and hope.

**Rainbows** –

**Playdough** - Take some playdough (either shop bought or homemade) and make a rainbow. Rainbows are a sign of hope (you may already have a rainbow in your window to thank the NHS – when out for a walk count the rainbows).

**Drawing** - You could also draw a rainbow and either add it to the pictures in your window or give it to someone who is staying indoors at the moment.

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**Hands** – You can make hands with hearts in the centre to represent the holes in Jesus hands, here are a few ideas

### **Paper hands –**

You will need: White paper / Lolly sticks / Scissors / Colouring pencils

How to do it – place your hands on the paper and spread your fingers then draw round your fingers (you might need some help from an adult it can be a bit tricky).

Then draw a heart in the palm of your hand and colour it in – could be red or multi coloured like your rainbow.

Then cut them out, if you have some lolly ice sticks you could attach them to the sticks or put them in your window.

### **OR**

**Biscuits Hands** – You can bake some biscuits here is a simple recipe

200g butter or spread / 200g caster sugar or soft brown sugar / 1 large egg

400g plain flour / Half a tsp vanilla extracts (optional)

Method –

1. Heat oven to 200C/180C fan/gas 6 and line or grease a baking tray.
2. Draw round your hands in the same way that we did in the paper hands
3. Put the butter in a bowl and beat until soft, then add the sugar and the vanilla extract to the bowl and mix, then add the egg and mix, then finally add the flour to make a dough.
4. Take the dough out of the bowl and place on a floured table and kneed.
5. Then break the dough into 4 sections
6. Take one section and roll out as thick as a £1 coin, take your template of your hands and place them on the dough and cut around them, then place them on the tray then use the left-over pieces to make small hearts to place in the palm of the hands use a little water to attach them, or before placing the hands on the baking tray cut out a heart shape from the middle of the hand. (you may have a heart cutter, possibly in your playdough cutters).
7. When you have cut all the hands out put the trays in the oven for 8-10 mins then take out of the oven and leave to cool for about 5 mins
8. You can then decorate the biscuits with icing sugar if you have any and you could add food colouring and make your hands different colours.
9. Leave to dry and eat and enjoy.

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## Time to Pray

Go and find something of each colour in your house to help you pray. Or let's get the playdough back out and use the rainbow colours if you have them to pray for different things.



**Red** - Dear God, thank you that you love us and are always there for us.

**Orange** – Dear God, help us to listen to your stories and songs and learn about your love.

**Yellow** – Dear God help those who are scared or lonely at the moment and help put a smile on their faces.

**Green** – Dear God, thank you for the world around us, for all the birds and animals.

**Blue** - Dear God, please look after all those who are sick and help them get well and we thank you for all those who look after them.

**Indigo** -Dear God, give us hope and help us believe even though we cannot always see.

**Pink** – Dear God, thank for our families both near and far and your love for each of us.

Say the Lord's Prayer together.

*For younger children* The Lord's Prayer

<https://www.youtube.com/watch?v=O78UfDkGhRs>

## Songs

**For everybody** – you could make up some actions

**If I were a butterfly** –

<https://www.youtube.com/watch?v=L-nb5CR1uec>



**For younger children - I can sing a rainbow**

<https://www.youtube.com/watch?v=yLpEGM34Fic>

**Puzzle Sheet** – print off the puzzle sheet about today's story.