# Sunday Club at Home - St Peter's

## Hi Everyone, Sunday 14<sup>th</sup> June

Hope you are keeping safe and well. I hope you enjoyed last week's activities.

This week we are still thinking about caring for people and being friends with people. Do you have a very special friend or special friends who would do anything for you? Our story today is about a man who really needed the help of his friends. Let us watch or listen to the story and see what happened?





## Story - from the Bible Matthew 9:1-8, Mark 2: 1-12, Luke 5:17-26

The Story reminds us how we can always be helpful and Matthew, Mark and Luke have all included it in their Gospel.

## For everyone - Jesus Heals a Paralyzed Man

https://www.youtube.com/watch?v=8cmppSIQUX4

## For younger children

https://www.youtube.com/watch?v=OlvmqxUVQGA

## Just for the adults - Matthew's Gospel explained in 8 minutes

https://www.youtube.com/watch?v=3Dv4-n6OYGI

## Story for our youngest children from the Play along Biblewritten by Bob Hartman. This is an interactive story follow instructions in Red

## Through the roof

The house was full (Squish up next to someone)

Lots of people were listening to Jesus (Cup your hands to your ear)

One man wanted to get to Jesus, but he couldn't walk (sit down)

So four of his friends carried him (Pretend to lift something heavy)

But they couldn't get in the house so they brought him onto the roof and made a hole (pretend to dig)

They lowered their friend into the house (make a surprised face)

Jesus forgave all the bad things the man had done (Shout,"I'm forgiven!")

And then healed him (Shout "I can walk")

## Song

For everyone - He's got the whole world in his hands

https://www.youtube.com/watch?v=IXtFqCw6rH8

For younger children – Great Big God

https://www.youtube.com/watch?v=0K3TUFFpmhA

Puzzle Sheet – print off the puzzle sheet about today's story.

## Time to Pray –

#### **Caterpillar Prayers**

**You will need** - Two different colours of paper / Glue Colouring pencils or felt tips



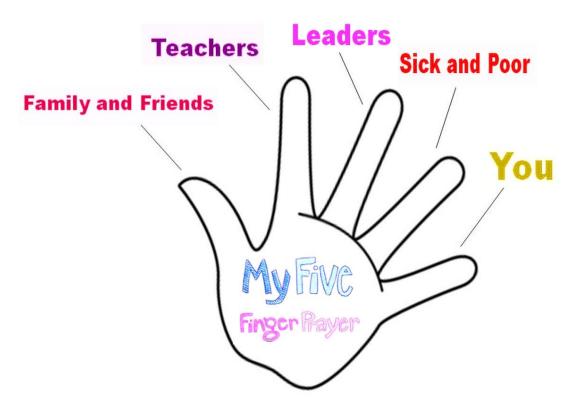
What to do - Cut out the as many circles as you need to do these prayers

Write or draw on a circle for the following people (one for each person)

Friends / Parents / Grandparents / Other family members / Church family / School family

Then when you have them all glue them together to make a caterpillar

You could think of other prayers for each finger -



## Activities

## **Build a House**

The houses in Jesus' time where different to our houses they had stairs on the outside of the house leading to the roof, they spent a lot of time on the roof and would even sleep on the roof when it was hot. Like you might have a pet who lives in your house often all the animals came inside to keep them safe.



Build your house out of Lego or other building blocks making the roof flat. Or make a den under a table.

#### Make a man on a stretcher

You will need - Two lolly ice sticks / A piece of material or card / Glue / A piece of card

**Colouring Pencils** 

What to do -

First make the stretcher - Take the 2 lolly Ice sticks

or wooden spatulas, and spread them apart and use the material or card to glue over the top of the wooden sticks

Then Make the man - Take the card and draw a man and colour them in

The cut it out and glue it onto the stretcher

## **Retell the story**

You can retell the story by using the house you have built and the stretcher and man that you have made. Tell the story in your own words.

## Make a Gingerbread Person

The recipe is at the end.



### Make a Heart

**You will need** - 2 pieces of card / Glue / Things to use to decorate / Colouring Pencils or Felt tips / Ribbon / Hole Punch or Pencil and Blue tac

What to do - Cut out 2 hearts one a little bit bigger that the other and then glue one on top of the other. Then Punch a hole in the top of the heart (using a hole punch or make a hole with Pencil and Blue tac)



Then colour and decorate the smaller heart and the outside heart if you want.

Then turn the Heart over and write a message on the back.

Then thread the ribbon through the hole and tie in a knot.

## How could you care for your Friends and family?

What could you do this week to help our friends or family?

You could:-

- Make them a Gingerbread Man
- Make Cakes or Biscuits
- You could make them a heart and tell them how much you love them or miss them.
- You could make a new friend by sending a picture or card to someone in a nursing home.
- Take the cakes or biscuits that you have made to someone who is lonely or needs help.
- You could give one of your friends a call or maybe have a play date on zoom or communicate in another way.

## Make a Gingerbread Person

You can make a gingerbread person and use icing as a bandage and bandage the parts of the body that you think the man cannot use

### Recipe

100g - flour	50g - soft brown sugar
5ml -ground ginger	50g - Butter
15ml - milk	30ml - treacle
Icing sugar	Currents for decoration or sweets

#### Equipment

Bowl / Wooden spoon / Baking tray / Grease proof paper / Saucepan / Cooling tray

#### Method

• Place flour, sugar and ginger in a bowl,

And mix together. Make a well in the centre of

The dry ingredients.

- Put butter, milk and treacle into a small saucepan and heat gently Until butter has melted. Remove from heat and cool for 2-3 minutes.
- Pour butter mixture into the dry ingredients and mix with a wooden spoon to a soft ball.
- Leave mixture to cool until firm to touch.
- Roll out on a floured work surface until 0.5cm thick. Cut out with a gingerbread man biscuit cutter (or draw a man on a piece of card then cut round it).
- Transfer to a greased baking tray using a palette knife or fish slice,

Allow room for them to spread

- Decorate with currents before you put them in the oven (if using sweets wait until they come out).
- Bake in the oven at 180 c 350 f gas mark 4 for 10 - 15 minutes
- Leave to cool for 3 mins then transfer to a cooling tray and when completely cool decorate with sweets and icing sugar using the icing sugar to make bandages (mix icing sugar with water to make a paste.

