

Hi Everyone

I hope that you are all safe and well. Today we continue with our fruits of the spirit and today's fruit is Goodness!

Video for everyone

<https://www.bing.com/videos/search?q=video+of+fruits+of+the+spirit+goodness+&view=detail&mid=B10FC813E389E5A9CCD5B10FC813E389E5A9CCD5&FORM=VIRE>

The good shepherd

<https://www.bing.com/videos/search?q=bible+story+about+goodness+for+children+in+videos&docid=608040818025327595&mid=70B253AEDFB4CD3B4F8A70B253AEDFB4CD3B4F8A&view=detail&FORM=VIRE>

Video for younger Children – The Good Samaritan

<https://www.bing.com/videos/search?q=bible+story+about+goodness+for+children+in+videos&docid=607998675805173654&mid=470354B3CAB4B7AC8E89470354B3CAB4B7AC8E89&view=detail&FORM=VIRE>

I wonder what you think Goodness means?

Lets try and understand it.

## Goodness

The fruits of the spirit are not real fruits, they are the outcome to what we do when guided by the spirit.

There is a phrase that I think will help – “God is good all the time, all the time God is good”.

It's not that God expect us to be good all the time, but we can try.

Sometimes we do things that we know we shouldn't do and sometimes we do things that we are proud of.



I wonder what you have done that you shouldn't have done ?

I wonder what you have done that you are proud of ?

## Songs

### Nothing's too big

<https://www.bing.com/videos/search?q=videos+of+songs+nothings+to+big&docid=608049519628855568&mid=422DE8C1D9F42C50F87A422DE8C1D9F42C50F87A&view=detail&FORM=VIRE>

### Our God is a Great Big God

<https://www.bing.com/videos/search?q=video+of+our+god+is+a+great+big+god&&view=detail&mid=9BB25CA8FF2A0632FC889BB25CA8FF2A0632FC88&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dvideo%2520of%2520our%2520god%2520is%2520a%2520great%2520big%2520god%26qs%3DSC%26form%3DQBVR%26sp%3D1%26ghc%3D1%26pq%3Dvideos%2520of%2520our%2520god%2520is%2520a%2520%26sc%3D1-23%26cvid%3D473B7CA95A8B4474B831C14E10F86682>

## Prayers

### Airplane Prayers

You will need some paper

And some pens

### What to do

You will need to write or draw your prayers on the paper. You can use both sides and then with the help of an adult make it into a paper airplane.

How to make a paper airplane:

<https://www.bing.com/videos/search?q=instructions+on+how+to+make+a+paper+plane&&view=detail&mid=A73ED068B84299BCA229A73ED068B84299BCA229&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dinstructions%2520on%2520how%2520to%2520make%2520a%2520paper%2520plane%26qs%3DAS%26form%3DQBVR%26sp%3D4%26ghc%3D1%26pq%3Dinstructions%2520on%2520how%2520to%2520make%2520a%2520paper%2520%26sk%3DAS3%26sc%3D7-36%26cvid%3D80D29120BA5943C38FF3180CEA0E816A>

or you can say the Lord's Prayer

### Activities

The activities this week are things you can do to help people and that will help you show your goodness.

Look in your cupboards to see if you have any food that you can donate to the food bank ( ask your parents' permission).

Make some cakes and give them to people who are stuck at home or neighbours.

Make a card for someone who is not feeling very well at the moment or for someone who you want to say "thank you" to.

You could also do a job for Mum or Dad in the house.

Or you could clean your room and tidy your toys.

You could also spend time talking to God.



You could also do a job for Mum or Dad – like clean your room!!

